

# Parents and Friends of Lesbians and Gays (PFLAG)



PFLAG is a peer support group that assist families and friends understand their lesbian, gay, bisexual and trans\* (LGBTIQ) loved ones.

For support and information  
[www.pflagbrisbane.org.au](http://www.pflagbrisbane.org.au)  
0400 767 832

PFLAG is a peer support group that assist families and friends understand their lesbian, gay, bisexual and trans\* (LGBTIQ) loved ones.

When loved ones first disclose they may be LGBTIQ or are questioning their sexuality or gender it can be a confusing and isolating time. PFLAG is here to help.

### **PFLAG Offers**

- Individual support when possible
- Written resources
- Referrals to other supportive agencies
- Group meetings
- Helpline

### **About us**

- PFLAG is 100% voluntary.
- PFLAG is predominantly organised by parents or loved ones of LGBTIQ.
- PFLAG is not aligned with any political party or religious group.
- We are not professional counsellors, we are peer support.
- We receive some funding from community organisations and private donation so we can continue to provide our service to the LGBTIQ community and their loved ones.

## **Purpose and Objectives of PFLAG**

To promote the health and well being of our LGBTIQ sons and daughters through...

### **Support**

PFLAG's primary purpose is to provide support, resources and referrals to families which will promote understanding of loved ones.

PFLAG will provide support to the LGBTIQ person considering disclosing their gender or sexual diversity to loved ones.

And, provide them with written resources, information and telephone numbers where loved ones can access support for their own understanding which enables them to support and understand the person who has disclosed.

### **Education**

Our objective is to enlighten the community generally through awareness campaigns and by speaking to community groups to provide general information about what it means to be LGBTIQ and issues for loved ones.

### **Advocacy**

Our objective is to lobby all levels of government, to end discrimination and to secure legal rights in all areas for our LGBTIQ loved ones.

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